



Trails Corner Recovery Center

Stonington Behavioral Health, Inc.

75 Swantown Hill Road | North Stonington, CT 06359
800-832-1022 | www.stoningtonbehavioral.com



Trails Corner Recovery Center

Your path to recovery starts here



Physicians are on the medical staff of Stonington Behavioral Health, Inc., but, with limited exceptions, are independent practitioners who are not employees or agents of Stonington Behavioral Health, Inc. The facility shall not be liable for actions or treatments provided by physicians.

Model representations of real patients are shown. Actual patients cannot be divulged due to HIPAA regulations.

For language assistance, disability accommodations and the non-discrimination notice, visit our website. 193073-2108 4/19

A Holistic Approach to Recovery

We recognize that everyone's journey to recovery is different. At Trails Corner, our experienced team designs individualized services focusing on each patient's needs.

Treatment modalities can include milieu treatment (the use of therapeutic communities), Cognitive Behavioral Therapy and individual, group and family therapy.

We also offer:

- Dialectical Behavior Therapy
- Cognitive Processing Therapy
- Eye Movement Desensitization and Reprocessing
- Art therapy
- Martial arts
- Yoga
- Nutrition
- Music therapy
- Experiential learning opportunities

Let us provide the help you need. Call 860-535-1010 or 800-832-1022 for more information.



Our Program

The treatment program is a partial hospitalization/intensive outpatient level of care and runs six hours a day, Monday through Friday, from 9 am to 3 pm.

Our Philosophy

The Trails Corner treatment program draws from medical, psychological and traditional self-help approaches in treating behavioral health disorders and conditions. We also recognize the overwhelming importance of the client's motivation to achieve and maintain sobriety. Through education, professional intervention and effective social rehabilitation, it is our belief that everyone can achieve meaningful and long-term recovery.

Our Mission

To provide superior behavioral healthcare services that: clients recommend to families and friends, physicians prefer for their clients, purchasers select for their clients, and employees are proud of.

Lodging

Accommodations are available. Residents are provided with room and board, three meals a day and access to a computer/library room, rec room, workout facility and a variety of outdoor recreation elements. Commuters are also welcome.

We're here to help.

Call 800-832-1022 today or visit www.stoningtonbehavioral.com.

